

Daily Schedule

This sample is an illustration of one team’s activities during a one-week day camp.

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 – 8:30	Camp arrival	Breakfast	Breakfast	Breakfast	Breakfast
8:30 – 9:00	Breakfast	*Fishing	*Canoeing	*Hiking	Olympics and skits setup
9:00 – 9:30	Staff welcome	*Canoeing	*Survival station	*Fishing	Team time
9:30 – 10:30	VA Rules pre-test	VA Rules class pre- and post-test	VA Rules class pre- and post-test	VA Rules class pre- and post-test	Presentations and skits
10:30 – 11:30	Anti-gang video post-test	Lunch	Lunch	Lunch	Lunch
11:30 – 12:30	Lunch	Guest speaker	Mounted Police presentation	Guest speaker	Team Olympic competition
12:30 – 1:30	Station orientation	*Swimming	*Hiking	*Archery	Team Olympic competition
1:30 – 2:30	*Archery	*Survival station	*Swimming	*Swimming	Police canine presentation
2:30 – 2:45	Snacks	Snacks	Snacks	Snacks	Snacks
2:45 – 4:00	Team time	Team time	Team time	Team time	Swimming – all
4:00	Departure	Departure	Departure	Departure	Departure
4:30	Counselors debrief and prepare	Counselors debrief and prepare	Counselors debrief and prepare	Counselors debrief and prepare	Counselors close out camp

**For managing large groups of campers, plan for teams to have multiple activities on the same day. For example: on Tuesday, at 9:30, team one goes fishing, team two goes canoeing and team three goes hiking. The next day, each team switches to a different activity.*

